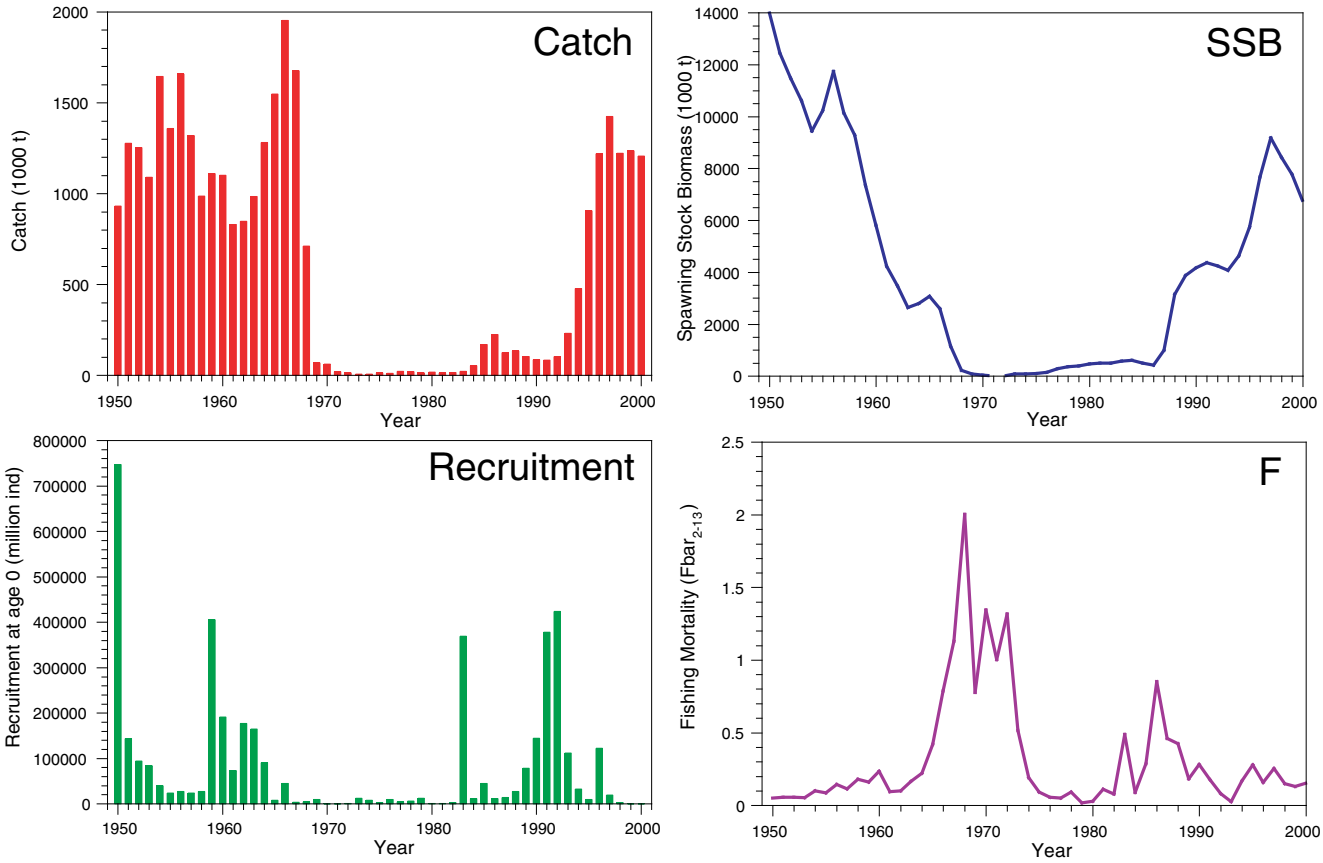Norwegian Spring Spawning Herring